



Monday

7/5/2021

Tuesday

7/6/2021

Wednesday

7/7/2021

Thursday

7/8/2021

Friday

7/9/2021

Saturday

7/10/2021

Sunday

7/11/2021

SOUP OF THE DAY

Caldo de Res GF

Chicken Tortilla GF

Menudo GF

Shrimp Poblano

Soup Du jour

Soup Du jour

Potato Leek GF

Tomato Basil GF

Potato Stew GF

Vegetable Tortilla GF

ACTION STATION

Fajita Station

Build Your Own Pasta

Lo Mein Bar

Nachos

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CULINARY EXCHANGE

HAPPY  
4th  
OF  
JULY

Fish Vera Cruz  
Chili Verde con Carne  
 Zucchini Mexicana GF  
Pico DeGallo Rice GF  
Pinto Beans GF  
Flour Tortillas

Mongolian Pork  
Sweet and Sour Chicken  
Fried Rice GF  
Fish noodles  
Egg Rolls

Creole Salmon with Veloute Sauce  
Calabria Chicken Breast  
Wild Basmati Rice GF  
Roasted Herb Potatoes GF  
Roasted Zucchini GF  
Vegetable Medley Mix

Panko Crusted Chicken  
Catch of the day  
 Vegetable Medley GF  
Corn on the Cob GF  
Macaroni and Cheese  
Dinner Rolls

Bacon Wrapped Chop GF  
Steak  
Chefs Choice  
Sauteed Squash GF  
Mashed Potatoes GF  
Dinner Roll

Chicken Fajitas GF  
Chef's Choice  
Spanish Rice GF  
Refried Beans GF  
Tortillas

WFPB

Black Bean and Corn Enchiladas GF

Sun Dried Tomato Linguini

Herbed Quinoa and Vegetables GF

Eggplant Creole GF

SPECIALTY SUB  
PIZZA KITCHEN

Roasted Vegetable and Hummus

Four Bean Hummus Wrap

Chicken Ceaser Wrap

Eggplant and Mushroom Fajita Wrap

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Cheeseburger Pizza

Calzones

GF Gluten free pizza with Cauliflower crust

Mediterranean Pizza

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Whole Food Plant Based (Vegan)

GF Gluten Free

GF

